What is it?

Athletic Directors are health care professionals who interact with physicians. They also prevent injuries and they give immediate care when a person is injured.

Work environment and uniform:

An athletic trainer can work almost any type of environment: A high school, college, university, and sport clinics, NBA, and health programs. You may often see an athletic trainer in athletic gear such as yoga pants, sweatshirts or sweat pants.

Daily Routine:

An athletic trainer does not have really a daily routine but they do have to be ready and prepared for any injury that comes their way. Athletic Trainers work at games practices, etc.

How to become an athletic trainer:

To become an athletic trainer, you must graduate from a masters or bachelors degree program given by the Commission of Accreditation of Athletic Training Education, (CAATE).

Requirements:

To meet the examination requirements for licensures as a certified athletic trainer, you must obtain satisfactory scores on athletic training examinations acceptable to the State Education Department.

Skills required:

Critical thinking, Active listening/ Learning, speaking, social perceptiveness (being aware of others reactions)

Personal qualifications:

Be at least 21 years old, meet educational requirements & exam requirements

Salary:

Median expected salary for athletic trainers in the United States is $39,985 and the hourly wage is $24 or higher.

Job lookout

There are currently 2,602 Athletic training jobs available

Famous Minorities

Bob Bowman – Michael Phelps trainer

Why is it important?

They are often one of the first health care providers on the scene when the injury occurs and therefore must be able to recognize, evaluate and assess injuries and provide immediate care when necessary.

Take a look back:

What is the CAATE?

Name at least one famous athletic trainer:

What do you consider easy or hard about this profession?

Conclusion:

An athletic trainer has a lot of responsibilities; they have to be prepared for anything that happens on the field. They are the first ones to help injured athletes and they guide them throughout their activities